



USAG Girls JO and Xcel Competitive Team Practice Fall/Winter/Spring 2017-2018



Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Hours
White Pre Team	4:45 – 6:45 pm		4:45 – 6:45 pm				4
Red Pre Team	4:45 – 7:45 pm		4:45 – 7:45 pm				6
Blue Pre Team	4:45 – 7:45 pm		4:45 – 7:45 pm	4:45 – 7:45 pm			9
Xcel	4:30 – 7:45 pm		4:30 – 8:30 pm			10:00 am – 1:00 pm	10.25
Level 4	4:30 – 8:00 pm		4:30 – 8:30 pm	4:30 – 8:00 pm		8:00 am – 12:00 pm	15
Level 6		4:30 – 8:00 pm	4:30 – 8:30 pm		4:30 – 8:00 pm	8:00 am – 12:00 pm	15
Level 7		4:30 – 8:00 pm	4:30 – 8:30 pm		4:30 – 8:00 pm	8:00 am – 12:00 pm	15
Level 8	3:45 – 7:45 pm	3:45 – 7:45 pm		3:45 – 7:45 pm	3:45 – 7:45 pm	8:00 am – 12:00 pm	20
Level 9	3:45 – 7:45 pm	3:45 – 7:45 pm		3:45 – 7:45 pm	3:45 – 7:45 pm	8:00 am – 12:00 pm	20
Level 10	3:45 – 7:45 pm	3:45 – 7:45 pm		3:45 – 7:45 pm	3:45 – 7:45 pm	8:00 am – 12:00 pm	20
ETT	3:45 – 7:45 pm	3:45 – 7:45 pm		3:45 – 7:45 pm	3:45 – 7:45 pm	8:00 am – 12:00 pm	20

Fall Practice Schedule begins on Monday, August 28th, 2017

