



USAG Girls Pre-Competitive & Competitive Team Practice Schedule

Summer 2018

July 9 - August 24



Level	Monday	Tuesday	Wednesday	Thursday	Friday	Hours
Shinning Stars	9:00 am - 10:30 am		9:00 am - 10:30 am			3
Shooting Stars	9:00 am - 12:00 pm		9:00 am - 12:00 pm			6
Super Stars	9:00 am - 12:00 pm		9:00 am - 12:00 pm	9:00 am - 12:00 pm		9
Level 4		9:00 am - 1:00 pm	12:00 pm - 4:00 pm	12:00 pm - 4:00 pm	8:00 am - 12:00 pm	16
Level 6	8:30 am - 1:00 pm	8:30 am - 1:00 pm	8:30 am - 1:00 pm	8:30 am - 1:00 pm	8:00 am - 12:00 pm	22
Xcel	9:00 am -12:00 pm		9:00 am -12:00 pm	9:00 am -12:00 pm		9
Level 7	8:30 am - 1:00 pm	8:30 am - 1:00 pm	8:30 am - 1:00 pm	8:30 am - 1:00 pm	8:00 am - 12:00 pm	22
Level 8	8:30 am - 1:00 pm	8:30 am - 1:00 pm	8:30 am - 1:00 pm	8:30 am - 1:00 pm	8:00 am - 12:00 pm	22
Level 9	8:30 am - 1:00 pm	8:30 am - 1:00 pm 1:30 pm - 3:00 pm	8:30 am - 1:00 pm	8:30 am - 1:00 pm	8:00 am - 12:00 pm	23.5
Level 10	8:30 am - 1:00 pm	8:30 am - 1:00 pm 1:30 pm - 3:00 pm	8:30 am - 1:00 pm	8:30 am - 1:00 pm	8:00 am - 12:00 pm	23.5
Competitive Team Open Gym					12:00 pm - 1:00 pm	1