



USAG Girls Pre-Competitive and Competitive Team Practice Schedule Fall / Winter / Spring 2018-2019



Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Shinning Stars	4:45 pm - 6:15 pm		4:45 pm - 6:15 pm			
Shooting Stars	4:45 pm - 7:45 pm		4:45 pm - 7:45 pm			
Super Stars	4:45 pm - 7:45 pm		4:45 pm - 7:45 pm			11:30 am - 2:30 pm
Xcel			4:45 pm - 7:45 pm	4:45 pm - 7:45 pm		11:30 am - 2:30 pm
Level 4	4:30 pm - 8:00 pm		4:30 pm - 8:00 pm	4:30 pm - 8:00 pm		9:00 am - 12:00 pm
Level 5/6		4:30 pm - 8:00 pm	4:30 pm - 8:00 pm		4:30 pm - 8:00 pm	9:00 am - 12:00 pm
Level 7		4:30 pm - 8:00 pm	4:30 pm - 8:00 pm		4:30 pm - 8:00 pm	9:00 am - 12:00 pm
Level 8	3:45 pm - 7:45 pm	3:45 pm - 7:45 pm		3:45 pm - 7:45 pm	3:45 pm - 7:45 pm	9:00 am - 12:00 pm
Level 9	3:45 pm - 7:45 pm	3:45 pm - 7:45 pm		3:45 pm - 7:45 pm	3:45 pm - 7:45 pm	9:00 am - 12:00 pm
Level 10	3:45 pm - 7:45 pm	3:45 pm - 7:45 pm		3:45 pm - 7:45 pm	3:45 pm - 7:45 pm	9:00 am - 12:00 pm