

## May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> L6: 4:30-8:00 L7: 4:30-8:00 L8: 3:45-7:45 L9: 3:45-7:45 L10: 3:45-7:45 ETT: 3:45-7:45	<b>2</b> Xcel: 4:30-8:30 L4: 4:30-8:30 L6: 4:30-8:30 L7: 4:30-8:30	<b>3</b> L4: 4:30-8:00 L8: 3:45-7:45 L9: 3:45-7:45 (Frick to attend R5 training in NY) L10: 3:45-7:45 ETT: 3:45-7:45  Eastern National Championships Rochester, NY R5 Training - 8-10:30 am Eastern National Banquet - 6:30-9:30 pm	<b>4</b> L6: 4:30-8:00 L7: 4:30-8:00 L8: 3:45-7:45 L9: 3:45-7:45 (Frick - OFF) L10: 3:45-7:45 ETT: 3:45-7:45  Eastern National Championships Rochester, NY	<b>5</b> L4: 8 am - 12 pm L6: 8 am - 12 pm L7: 8 am - 12 pm L8: 8 am - 12 pm L9: 8 am - 12 pm (Frick - Competition / Austin - OFF) L10: 8 am - 12 pm ETT: 8 am - 12 pm Xcel: 10 am - 1 pm  Eastern National Championships Rochester, NY Frick
<b>6</b> Eastern National Championships Rochester, NY Austin	<b>7</b> Xcel: 4:30-7:45 L4: 4:30-8:00 L8: 3:45-7:45 L9: 3:45-7:45 L10: 3:45-7:45 ETT: 3:45-7:45	<b>8</b> L6: 4:30-8:00 L7: 4:30-8:00 L8: 3:45-7:45 L9: 3:45-7:45 L10: 3:45-7:45 ETT: 3:45-7:45	<b>9</b> Xcel: 4:30-8:30 L4: 4:30-8:30 L6: 4:30-8:30 L7: 4:30-8:30 L8: 4:30-8:30 L9: 4:30-8:30 L10: 4:30-8:30 ETT: 4:30-8:30	<b>10</b> L4: 4:30-8:00 L8: 3:45-7:45 L9: 3:45-7:45 L10: 3:45-7:45 (JO National Qualifiers OFF) ETT: OFF  Level 10 JO National Championships Cincinnati, OH R5 Processing R5 Meeting	<b>11</b> L6: 4:30-8:00 L7: 4:30-8:00 L8: Rescheduled L9: Rescheduled L10: Rescheduled ETT: Rescheduled Xcel: 4:30-8:00  Level 10 JO National Championships Cincinnati, OH R5 Training - 8-10:30 am JO National Welcome Party - 7-9:30 pm	<b>12</b> L4: OFF L6: OFF L7: OFF L8: OFF L9: OFF L10: OFF ETT: OFF Xcel: Rescheduled  Level 10 JO National Championships Cincinnati, OH Smith, Miller, Stoddard

## May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>13</b> Level 10 JO National Championhips Cincinnati, OH Hofelich	<b>14</b> Xcel: 4:30-7:45 L4: 4:30-8:00 L8: 3:45-7:45 L9: 3:45-7:45 L10: 3:45-7:45 ETT: 3:45-7:45	<b>15</b> L6: 4:30-8:00 L7: 4:30-8:00 L8: 3:45-7:45 L9: 3:45-7:45 L10: 3:45-7:45 ETT: 3:45-7:45	<b>16</b> Xcel: 4:30-8:30 L4: 4:30-8:30 L6: 4:30-8:30 L7: 4:30-8:30 L8: 3:45-7:45 L9: 3:45-7:45 L10: 3:45-7:45 ETT: 3:45-7:45	<b>17</b> L4: Rescheduled L8: Rescheduled L9: Rescheduled L10: Rescheduled ETT: Rescheduled	<b>18</b> L4: 4:30-8:00 L6: 4:30-8:00 L7: 4:30-8:00 L8: 3:45-7:45 L9: 3:45-7:45 L10: 3:45-7:45 ETT: 3:45-7:45	<b>19</b> L4: 8 am - 12 pm L6: 8 am - 12 pm L7: 8 am - 12 pm L8: 8 am - 12 pm L9: 8 am - 12 pm L10: 8 am - 12 pm ETT: 8 am - 12 pm Xcel: 10 am - 1 pm
<b>20</b>	<b>21</b> Xcel: 4:30-7:45 L4: 4:30-8:00 L8: 3:45-7:45 L9: 3:45-7:45 L10: 3:45-7:45 ETT: 3:45-7:45	<b>22</b> L6: 4:30-8:00 L7: 4:30-8:00 L8: 3:45-7:45 L9: 3:45-7:45 L10: 3:45-7:45 ETT: 3:45-7:45	<b>23</b> Xcel: 4:30-8:30 L4: 4:30-8:30 L6: 4:30-8:30 L7: 4:30-8:30	<b>24</b> L4: 4:30-8:00 L8: 3:45-7:45 L9: 3:45-7:45 L10: 3:45-7:45 ETT: 3:45-7:45	<b>25</b> NO JO PRACTICE  Oakland Banquet	<b>26</b> NO TEAM PRACTICE: OFF FOR MEMORIAL DAY WEEKEND
<b>27</b>	<b>28</b> GYM CLOSED MEMORIAL DAY	<b>29</b> L6: 4:30-8:00 L7: 4:30-8:00 L8: 3:45-7:45 L9: 3:45-7:45 L10: 3:45-7:45 ETT: 3:45-7:45	<b>30</b> Xcel: 4:30-8:30 L4: 4:30-8:30 L6: 4:30-8:30 L7: 4:30-8:30	<b>31</b> L4: 4:30-8:00 L8: 3:45-7:45 L9: 3:45-7:45 L10: 3:45-7:45 ETT: 3:45-7:45		