



2016 Auburn Elite and Hopes National Qualifier

Host Website:

<http://www.auburngymnastics.com/2015%20Hopes%20National%20Qualifier.htm>

Date: April 15-16, 2016

Location:

Auburn Gymnastics Center
1604 15th Street SW #106
Auburn, WA 9800

Session Information:

Friday, April 15, 2016

Compulsory Competition - Elite and Hopes

*Modified Capital Cup Format

Check-in: 8:45 am

General Stretch: 9:00-9:30 am

Workout @ Auburn - Hopes

5:00-7:00 pm

Saturday, April 16, 2016

Optional Competition - Hopes

*Traditional Format

Check-in: 12:15 pm

General Stretch: 12:30 pm

Warm Up: 1:00 pm

March In: 2:30 pm